

HOLY FAMILY CATHOLIC PRIMARY SCHOOL  
TUCKSHOP MENU - TERM 4 2011 & TERM 1 2012

Monday & Thursday

LUNCH ORDERS



**SANDWICHES**

Buttered	0.85
Vegemite	1.50
Cheese*	1.80
Cheese & Tomato*	2.00
Boiled Egg with Lettuce & Mayo	2.00
Ham, Cheese & Tomato*	2.50
Diced Chicken or Ham*	2.50
Diced Chicken or Ham with Lettuce & Mayo	2.70
Tuna with Lettuce and Mayo	2.70
Diced Chicken, Pineapple & Cheese*	3.20
Baked Beans or Spaghetti	2.50
Salad (grated carrot, lettuce, tomato, cucumber)	3.50
TOASTED SANDWICHES ON REQUEST*	

All sandwiches are served with wholemeal bread, low fat cheese, mayo and unsaturated butter. Turkish Bread (served hot), white bread, bread rolls & wraps are available upon request. (Turkish Bread, Rolls & Wraps \$0.50 extra)

**SALAD**

Chicken/Ham/Tuna	4.00
Mixed Garden Salad (Carrot, lettuce, tomato & cucumber)	3.00
Cheese	.50c extra
French Dressing	.20c extra
Tomato Sauce	.20c extra

**TORTILLA WRAPS**

Chicken Tenderloin Wrap with lettuce and mayo	3.20
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**HOT FOOD**

Lean Beef Pie	3.00
Twista Bolognese	3.00
Lean Sausage Rolls	2.50

**SUSHI - MONDAY & THURSDAY**

Chicken Teriyaki	3.20
Tuna & Cucumber	3.20
Tuna & Avocado	3.20
Vegetarian	3.20

**PIZZA**

Cheese	1.50
Cheese & Ham	2.00
Cheese, Ham & Tomato	2.50
Cheese, Ham & Pineapple	2.50
Chicken & Cheese	2.50

**SPECIALS**

Each Monday a special dish can be ordered:

Weeks 2 - 5 Macaroni Cheese + Flavoured milk (banana, strawberry or Chocolate) and a fruit cup	6.00
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Weeks 6 - 10 Beefburger with tomato & lettuce + Flavoured milk (banana, Strawberry or Chocolate) and a fruit cup	6.00
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**MORNING TEA/LUNCH ORDER**

	\$
Orange Poppyseed Cake	1.20 a slice
½ Finger Bun (Thursdays only)	1.00
Whole Finger Bun (Thursdays only)	2.00
Kettle chips - plain	1.00
Pretzels or Rice Crackers - Bag	1.00
Chicken Jumpy's/BBQ Piranhas	1.50
Jelly Cup	0.80
Apple Slinky - buy one sliced from the canteen	1.00
Apple Slinky - bring your own apple from home - sliced by the canteen	.20c
<b>Apple Slinky - What's an Apple Slinky? When your apples are cut by a slinky machine the apple comes out in a snake shape, peeled and cored</b>	
Watermelon Wedges	.50c
Crackers and cheese	.50c
Frozen Pineapple Rings	.30c
Popcorn	1.00

**DRINKS**

Flavoured Milk (UHT) (Chocolate, Strawberry, Banana)	1.40
Orange Juice/Apple Juice	1.50



**LUNCH BAGS will cost 10c each if not provided with lunch order**



**ICE-CREAMS (to be provided after lunch from 12:45 - 1:00pm)**

Frozen Pineapple Juice Sticks	.60c
Quelch Fruit Sticks	.70c
Billabongs - Chocolate & Rainbow	1.50
Icy Poles - Lemonade	1.20
Bulla Fruit'n Yoghurt Mango or Strawberry	1.50
Sour Balls - <b>THURSDAYS</b>	30c each or 5 for \$1.50
Starberries - <b>THURSDAYS</b>	30c each or 5 for \$1.50

**REMINDER**

Please: Use a plain paper bag with the order clearly written on the front.  
 If more than 1 order in a bag please add 10c per extra order.  
 Please remember to put a name and class on the bag.  
 Check all addition carefully and use the current price list.  
 Enclose the correct money if at all possible & don't seal the bag with tape



**LUNCH BAGS will cost 10c each if not provided with lunch order**



Updated November 2011