



# OUR LADY HELP OF CHRISTIANS Catholic Primary School

*"Under Your Protection"*



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No. 16 2<sup>nd</sup> June 2010 (Week 7 Term 2)

## WEEKEND MASSES

Saturday 9.15am

Saturday Vigil: 6.00 pm

Sunday 8.00 am, 10.00 am & 6.00 pm

Weekday Masses OLHC Church

Thursday 7.00 am (Convent)

Tuesday & Friday 12.15 pm

Wednesday 9.15am

## From the Principal

### Feast of the Body and Blood of Christ

The feast of the Body and Blood of Christ celebrates the central celebration of Christianity – the Eucharist. To celebrate the feast of the Body and Blood of Christ, we are presented with what is widely regarded as another 'eucharistic' story. The feeding of the five thousand with five loaves and two fish is regarded as a eucharistic story because it was a clear example of God's presence in a miraculous meal.



This meal is what each of us are invited to share each week at Mass. The Eucharist is the central focus for us as Catholics.

### Student Leadership

I would like to congratulate all those students who have been actively participating in the student leadership program 'STARS'. The children have implemented new ideas and events into our school day to make learning more enjoyable for all.

Some of these include lunch time activities and a recycling program. Next week will see the beginning of lunch time activities focusing on sketching and sewing. These activities would not be possible without the generous support of the teachers who are giving up their time.

### Class Mums and Dads

During the last few weeks I have been interviewing new and current families who are enrolling their children for 2011. A

major focus of the time I spend with these families is informing them of all the different activities available to them at OLHC.

The majority of these activities are organised by the class mums and dads. The role of class mum and dad is so important in building community at the school. Our school is known for the welcome that we give to all and so I must commend all parents for their support in maintaining a positive community culture at this wonderful school.

### Education Revolution Building Program

The building program will begin in the next school holidays and continue for most of next term. The work to be done will include a shade structure covering the top court, an outdoor learning area/garden at the end of the top court, renovations to the Hall and shelving constructed in the store room for the archives.

This work will cause disruptions to playground areas but be assured that the safety of the children is paramount in determining where the children will have access to areas outside.

### School Disco

OLHC's annual disco will take place on Friday 18<sup>th</sup> June in the school hall. A note has been sent home today to all families with details of the event.

### Reflection

#### *Seven Gifts to Give to a Friend*

##### *The Gift of Love*

May you find love in your family and friends. And may you share the love you have to give. When you share your love, it comes back to you in many forms.

*"Love is a fruit in season at all times and within the reach of every hand."* Mother Teresa

### **The Gift of Laughter**

May laughter fill your home, relieve your stress and strengthen your friendships. Do not let a day go by without laughing; it is good for your health.

*"Laughter is a tranquillizer with no side effects."* Arnold Glasow

### **The Gift of Living Each Day to the Fullest**

Every day is a gift and may you use this gift by living life to the fullest. You will never have this day again. What will you do with it?

*"Yesterday is history. Tomorrow is a mystery. And today? Today is a gift. That's why we call it the present."*

Babatunde Olatunji

### **The Gift of Not Worrying**

May your days be worry-free. If you find yourself worrying about something then fix it. If it is beyond your control, then there is no sense in worrying about it. 90% of what you worry about will never happen, so why worry!

*"I've seen many troubles in my time, only half of which ever came true."* Mark Twain

### **The Gift of Positive Thinking**

May you find the good in all situations, even if you have to look for it – look because it is there. No matter what happens in your life, find the good. Your life will be a happier one.

*"Every problem has a gift for you in its hands."* Richard Bach

### **The Gift of Balance in Your Life**

May you find the balance of life, time for work but also time for play. Too much of one thing ends up creating stress that no one needs in their life.

*"Live a balanced life – learn some and think some and draw and paint and sing and dance and play and work every day some."* Robert Fulghum

### **The Gift of Goal Setting**

May all your dreams turn into goals. Goals will help you accomplish things you may have thought impossible.

*"If you have a goal in life that takes a lot of energy, that requires a lot of work, that incurs a great deal of interest and that is a challenge to you, you will always look forward to waking up to see what the new day brings."* Susan Polis Schultz

Kevin Turner  
Principal

### Diary Dates

**Term 2 2010**

**Week 8**

**11<sup>th</sup> June**

**Staff Development Day**

**Week 11**

**28<sup>th</sup> June**

**Week of parent/teacher interviews**

**1<sup>st</sup> July**

**OLHC Athletics Carnival**

**2<sup>nd</sup> July**

**Last day of Term 2**

**Term 3 2010**

**19<sup>th</sup> July**

**First day of Term 3**

### **From the AP**

#### **Dads in the Classroom**

*Astonishing talent! Amazing imaginations! Superb skills!*

All of these things were on show at Our Lady Help of Christians Primary School last Wednesday. We had a tremendous turn out of dads as well as a few mums and grandfathers at the first Dads in the Classroom session last week. Thank you so much for all those who were able to attend. There was a great sense of community and cooperation. The school was a buzz with creativity and great ideas.

*Thank you to Belinda O'Sullivan and Alistair Moon who have been very busy typing up the masterpieces that were written on the day. If there is anyone else out there who would be able to type up the stories could you please let me know. I would love to put the work together as a book that can be shared in the Library and have the opportunity to publish some of the work in the newsletter. If you have time to do just a few I would be most grateful! Keep reading for the first instalment of masterpieces in this newsletter.*

I would urge the dads to keep in touch. Email seems to be the most effective way for the dads to communicate. If you have not been receiving the Class Dads emails this year please feel free to forward your email address to me and I can pass it on to the dads. Thank you to Daniel Paul and Mike Exton who will be Coordinating the Dads in the Classroom Program this year. I really appreciate both of these dads taking on this role, along with the Class Dads. Many hands make light work and Dads meeting are lots of fun!

#### **Writing With Dads Masterpieces- Part 1**

**He could not believe his eyes** when he saw the ice cream cake. Toby sat down and had a piece of cake. "Mmm, I think I want another piece of cake." So Toby ate another but he couldn't help himself and ate another and another until he ate it all! Then he was feeling funny in his tummy and his tummy bulged out and his shirt button shot off. His feet started to grow and his toes popped out of his shoes and then his legs started to grow until his trousers turned into shorts! His arms were growing longer and longer. At this stage Toby was 4 metres tall, but strangely he was still hungry.

He went outside, stood up and looked around for something to eat. He saw a chocolate factory and ran with giant steps towards it. When he reached the factory he saw the main pipe. With salivating mouth, he attached the main chocolate pipe to his mouth and turned it on! "Mmm chocolate". When he had finished all the chocolate "burp".

"Toby don't burp. Finish your cake...I thought you loved cake. Are you daydreaming again?" Toby's mum yelled.

**By Scott Kay, Jai, Tarun, Nicholas, Zoe W and Bradley**

**On my way to school I saw something strange...**I saw a wild tabby cat on the loose. The tabby cat looked dangerous and scary. Then it looked me in the eye as if to say "I would move if I were you."

Then it ran at me so I stayed there and it stopped. Then it said, "Hello, how are you?" and I said "Good, thank you". So the cat said "I'm not wild. I am a nice cat, can you take me home?"

I got such a shock, I fell backwards onto the path! It hurt a lot so I told it where my house was and to go home and then I went to school, keeping my 'on the way to school adventure' a secret.

**By Jaiden, Ben K, Sarah, Bridget, Joseph and Megan Maguire**

**As soon as I arrived I could tell that something was wrong...**...and I was in a bit of a pickle because I had put the wrong socks on. I forgot to eat my breakfast, it was raining and I hurried to school. I had spaghetti in my hair.

Suddenly I realised it was a Saturday. Nobody was at school except the cleaner. My mum had already gone. "I hope my day doesn't get any worse". But then I realised the cleaner had locked the gates so I was trapped in school. "Oh great, just when I thought my day couldn't possibly get any worse."

There was slippery ice and frost on the ground. "I have to stay at school all night". I quivered in great fear. I went down to the staff room to look for some food but it started to get late so I slept in the sick bay bed. At least I could explore parts of the school I never had seen.

Then there was fire everywhere. Then my mum noticed I wasn't at home. She drove to school just to check whether I was there or not. She glimpsed a moving object but she was unsure of what it was. The fire brigade was called. It was a close call and then I heard my mum call out. I woke up in my bedroom and realised it was all a dream.

**By Alison, Georgia, Stephen, William, Brigitta and Charli**

Have an extraordinary week. Enjoy the beginning of winter and be sure to stay warm! Let us all make someone's day and share a smile or two!

*Laughter is the shortest distance between two people.*  
Victor Borge

Peace,  
Louise McDonald  
Assistant Principal

### **Message from the OLHC Class Dads**

A huge thank you to all the Dads, Mums and Grandparents for taking time out of their busy days to attend the Writing Activity on the 26th May. The smiles on the children's' faces were evenly matched by those on the faces of the adults. In total, we had over 30 groups, which was a fantastic result. For those that couldn't make it this time, but expressed interest in future activities, there will be opportunities later in the year. Rest assured, we will endeavour to provide everyone with more notice leading up to the next event.

To co-ordinate "Dads in the Classroom" activities for the remainder of the year, the following Dads have been nominated as class representatives:

**Kindy:** Gerard Meares  
[gerard@beersbymeares.com.au](mailto:gerard@beersbymeares.com.au)

**1st Class:** Derek Bronk  
[bronk\\_101@optusnet.com.au](mailto:bronk_101@optusnet.com.au)  
Bernie O'Sullivan  
[bosullivan@rasnsw.com.au](mailto:bosullivan@rasnsw.com.au)

**2nd & 3rd Class:** Brian Maguire  
[Brian@bplusg.com.au](mailto:Brian@bplusg.com.au)

**4th Class:** Jim Finlay  
Has anyone asked Jim if he's happy to do it? Jim?

**5th & 6th Yrs:** Martin Halmarick  
[Martin.Halmarick@s1consulting.com.au](mailto:Martin.Halmarick@s1consulting.com.au)

**Dads in the Classroom Coordinators: Mike Exton & Daniel Paul**

If there are other Dads who would like to volunteer their time as class representatives, please contact Daniel Paul ([daniel.paul@alphawest.com.au](mailto:daniel.paul@alphawest.com.au)). It's not a huge amount of work, is fun to do, and it's a great way to meet more people around the school. Ideally, we would like to have at least two (2) representatives nominated for each class to share class responsibilities and ultimately build a stronger Dads network around the school. We meet again next **Wednesday 9<sup>th</sup> June at 7.30pm** in the school library.

Lastly, we have a "Dads in the Brewery" social event coming up on **Thursday 24th June**, running from 7:30pm til late @ Paddy's Brewery, 268 Parramatta Rd, Flemington. We look forward to enjoying some free sampling, a tour of the brewery, and lots of laughs. If numbers permit, we will organise a bus from OLHC to the venue, and return. Please RSVP to Mike Exton ([mike.exton@invida.com](mailto:mike.exton@invida.com)) no later than Friday 18th if you wish to join us on the bus. Estimated cost for the bus ride will be \$10 per head. We look forward to seeing some new faces at this event.

Daniel Paul & Mike Exton

### **The Passing of Roy Sadler OAM**

The Rotary Year 5 Primary School Debating Competition has been a keenly contested event between the local Epping schools for over 10 years.

The competition was conceived by Roy Sadler from the Rotary Club of Epping through a desire to introduce young students to the challenge and enjoyment of debating. Hundreds of young people have been involved in this debating competition over the years, and many have continued their involvement in debating during their high school years as a result of the introduction they received to debating in Year 5.

Sadly, Roy Sadler passed away on 22<sup>nd</sup> May 2010, aged 91 years.

He was the instigator, inspiration and driving force for the debates, and it is fitting that each year the six local primary

schools compete in a round robin competition for the "Roy Sadler Trophy".

Over the years Roy co-ordinated the schools and adjudicators, attended most of the preliminary debates and meticulously organized the competition. The encouragement of youth in our community was indeed Roy's focus and when he first encountered young people through a Rotary program he followed their progress through high school and beyond. Many young people from our community received a letter of goodwill, advice and encouragement from Roy in the ensuing years.

In 2000 he was honoured by the Australian Government and presented with an Order of Australia, an OAM for Service to Youth through Rotary International, an honour and award he so richly deserved.

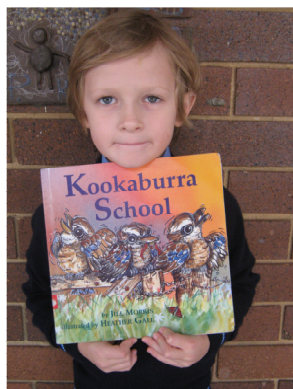
He will be sadly missed at Epping Rotary and by those young people whose lives he touched and enriched.

Peter Tugwell  
The Rotary Club of Epping

## NSW Premier's Reading Challenge 2010

Congratulations to all these children who have recently completed the challenge for 2010. Matthew Sridhar, Mikhala Balzan and Kate Book.

We are focusing on someone who has chosen to participate in the Premier's Reading Challenge in 2010. This week it is Liam Abbott in Kindergarten. Interviewed by Caitlin Halmarick. Photographed by Rebecca Manning.



Have you participated in the challenge before?  
*No*

What has been your favourite book this year?  
*Kookaburra School*

What genre do you enjoy the most?  
*Information books (things to do with dolphins)*

Where do you like to read?  
*In my bedroom*

Who is your favourite author?  
*Eric Carle*

Do you prefer reading to someone or being read to by someone?  
*Being read to*

What genre would you like to explore further in the future?

*Comic books*

Finish the sentence READING IS....

*FUN!!!*

### Merit Awards Week 6 Term 2

Kindy	William Wright Charissa Low
Year 1	Catalina Trujillo Charli Fidler
Year 2	Ben Gangemi Laurence Sheehan
Year 3	Samuel Stephens Ben Horsley
Year 4	Alistair Moon Sarah Khachiki
Year 5/6	Nathan Stubbs Brigitta Handayani



### Birthday Stars

Congratulations and Happy Birthday to the following children who celebrated their birthday this week.

Jack Boyce  
Kaitlyn Meares

Jack Armstrong



### Community News

**North Epping Kindergarten** – enrolling now for 2011. 2 and 3 day places available. Phone 9869 7344 or call in Tuesday – Thursday 8.30am – 1.10pm. 275 Malton Rd, North Epping.

**Position Vacant** – part time Customer Service Officer at Bendigo Bank, North Epping. Work locally for a business with a strong community focus. Call Sharyn Hubert on 9869 0818 or email [sharyn.hubert@bendigobank.com.au](mailto:sharyn.hubert@bendigobank.com.au)

**Hornsby Shire Library & Information Service** – school holiday program. Holiday Storytime Epping Library Friday 9<sup>th</sup> July 10.30am – 11.30am gold coin entry. Balloon Twisting Epping Library Friday 16<sup>th</sup> July 2 – 3pm for children 5 – 7 years. Cost \$10. Bookings 9847 6120. Go to [www.hornsby.nsw.gov.au](http://www.hornsby.nsw.gov.au) for more information.

### Kindy & Year 4 Visit the Granny Smith Community Centre

