



OUR LADY HELP OF CHRISTIANS Catholic Primary School

"Under Your Protection"



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No. 23 4th August 2010 (Week 3 Term 3)

WEEKEND MASSES

Saturday 9.15am

Saturday Vigil: 6.00 pm

Sunday 8.00 am, 10.00 am & 6.00 pm

Weekday Masses OLHC Church

Thursday 7.00 am (Convent)

Tuesday & Friday 12.15 pm

Wednesday 9.15am

From the Principal



The more I read about Mary MacKillop the more I understand how remarkable she was. Her life was an inspiring story of loyalty, obedience to her beliefs, service to the poor and a love for rural folk. Mary MacKillop reminds me that we must never get

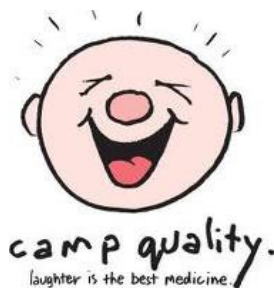
carried away with ourselves and that giving to others is what really counts.

Camp Quality Visit

Today the Camp Quality puppets visited the school to talk to the children.

The program that they presented is an educational puppet show for school children, lasting 45 minutes.

Using almost life-size puppets, the show helps children become more aware of the need to be caring and supportive of children who have cancer. The information shared aims to dispel many of the concerns that exist regarding contact with children who have cancer, as well as promoting anti-bullying and optimistic behaviours.



Working Bee



A working bee has been organised for Saturday 21st August at 1:00 pm. A separate flyer has been sent home with the newsletter asking for your assistance on this day.

Holidays During School Terms

Family holidays are an important part of the growth and development of each and every child. The value of spending quality family time together and the learning that can take place on a holiday are beyond question.

An important factor when organising a family holiday during school time is to alert the school that your child will be absent for a certain period of time. The school is required to provide written evidence when a child is absent from school for any length of time. I would ask that parents write a note to the class teacher informing them of your child's absence.



Reflection

Promise Yourself By Christian D. Larson

Promise yourself....

To be so strong that nothing
can disturb your peace of mind.
To talk health, happiness, and prosperity
to every person you meet.

To make all your friends feel
that there is something in them.
To look at the sunny side of everything
and make your optimism come true.

To think only the best, to work only for the best,
and to expect only the best.
To be just as enthusiastic about the success of others
as you are about your own.

To forget the mistakes of the past
and press on to the greater achievements of the
future.

To wear a cheerful countenance at all times
and give every living creature you meet a smile.

To give so much time to the improvement of yourself
that you have no time to criticise others.
To be too large for worry, too noble for anger, too
strong for fear,
and too happy to permit the presence of trouble.

To think well of yourself and to proclaim this fact to the
world,
not in loud words but great deeds.
To live in faith that the whole world is on your side
so long as you are true to the best that is in you.

Concluding Prayer

Dear God
Is the best of my
life story
yet to
be written?
Amen



Prayers for Mary Anne Jackson

Please keep Mary Anne Jackson
(Teacher Librarian) and her family in
your prayers. Sadly Mary Anne's
mother passed away on Saturday.



The funeral will be held tomorrow at OLHC Epping
Church at 10.30am.

Kevin Turner
Principal

Diary Dates

Term 3 2010

Week 3

6th Aug Mufti Day

Week 4

Sun 15th Aug OLHC BBQ 10.30am – 3pm

Week 5

16th Aug Life Education Van
17th Aug Maths Competition
P & F meeting 7.30pm
Cluster Athletics

18th Aug

Week 6

23rd Aug **Staff Development Day/Pupil Free**
Dads in Classroom – Guest Speaker
7.30pm
25th Aug Dads in Classroom – 9 – 10am
26th Aug K – 2 Liturgy 10.30am

Week 7

1st Sept Frances Watts (Children's author)
3rd Sept **Father's Day Breakfast**
Sun 5th Sept **Father's Day**

Week 9

14th Sept Night of the Notables 7pm

Week 10

22nd Sept Grandparents Mass 9.15am

Dads in the Classroom Activities – Annual School BBQ

The **Annual School BBQ** will be held on **Sunday 15th August**, at **Yamble Reserve, Quarry Rd, Ryde** from 10.30am to 3pm.

The OLHC Class Dads invite you to join us for a day full of activities for the whole family. Bring your bikes and running shoes for some fun games for kids and parents.

To keep it casual, it's not a catered event, so please BYO food and drinks. There are BBQ facilities there if you would like to cook on the day, or alternatively pack a picnic.

Here are the details:

- Time: 10.30am - 3pm
- Entrance to the car park near the corner of Quarry Road and Aeolus Avenue
- The North Ryde Pre-School is located on the southern part of the site

- Meet on the upper grass area near the playground
- There is an amenities block, 6 small and 2 large picnic shelters, 2 sets of BBQ facilities, playground, cycle path and parking.

An email will be sent out via the Class Dads later this week asking for RSVPs, but if for some reason you don't receive an email, please email mike.exton@invida.com and daniel.paul@alphawest.com.au.

Don't forget your hat and sunscreen! We look forward to seeing you there on the day.

Mike Exton and Daniel Paul

School Leaders and Extra Curricular Photos

The last day for ordering school captains, school leaders, library monitors and choir photos is Friday 13th August. Copies of the photos and envelopes for orders are available at the school office.

From the AP

Life Education

In the week starting Monday, 16th August the Life Education Van will be visiting Our Lady Help of Christians. Each family will receive a permission note today and I would encourage you to return it this week. The permission note includes details regarding the program.

This is a very valuable program that promotes healthy lifestyles, positive self image and making positive, proactive choices.

Internet Agreement

Today every child will bring home their Internet Agreement. This is a very important document that needs to be read and understood by parents and children. This document has been updated. As technology progresses, unfortunately problems continue to escalate, including cyber-bullying.

It is highly important that children understand the consequences of their behaviour and the choices they make, especially when using the internet, social networking sites and email.

Parents also need to be aware of their child's activity on the internet and talk to them about the dangers that exist in cyber-space.

Please ensure that the agreements are signed by parents and children and returned by next **Friday, 13th August**. Thank you for your continuing support.

Reading Tips!

I recently downloaded a pamphlet that was published by the Victorian Department of Education, Employment and Training titled *Books for Kids. Choosing Books for Kids in the Early Years of Schooling, A Parents Guide (2000)*. The following suggestions were offered when reading with your child.

- *Relax and enjoy ...some quality time together*
- *Encourage your child to select books to read ...talk about their choice ... respect their decision*
- *Visit bookshops together. Buy books and magazines from department stores, specialty book shops, secondhand shops*
- *Make reading an everyday activity*
- *Make the reading time enjoyable for everyone ... five minutes of fun is better than ten minutes of struggle*
- *Join your local library*
- *Look for reading everywhere ... read signs at the supermarket, near roads, on packaging...*
- *Listen to taped stories while following the text in the book*
- *Offer a wide choice of reading material ...fiction, factual, newspapers, magazines ...*
- *Become an author –write books of your own*
- *Swap books ...start a book club with friends*
- *Talk about books, authors, illustrators*
- *Read lots of different books to preschoolers – flap books, board books, shape books, concept books*
- *Make puppets, plays, drawings, paintings of book characters*
- *Ask about the book ... and encourage your child to ask you about books*
- *Attend author signings at local book shops or libraries*
- *Share books together often... involve other family members ... older brothers and sisters, grandparents, aunties, uncles*
- *Read books together in your first language*
- *Take advantage of current 'crazes' in books. Read them together and discuss*
- *Provide reading materials that relate to the special interests of the child*

Speaking of reading....

If you are able to cover any books for the Library there are bundles of book in the School Office. These cold and blustery days and evenings is great weather for covering books. It will keep your hands lovely and warm- even if it is clutching the coffee that you have as you work your way through the bundle of books.

Thank you to those who have been very busy covering a mountain of books! We are very grateful for your hard work and skills! Many of these are available for the children to borrow right *now*.

Never see a need without doing something about it
Mary MacKillop

Peace,
Louise McDonald
Assistant Principal

Dads in the Classroom Activities - Term 3

In the coming weeks, a number of activities are planned. To ensure we have a strong attendance from our parents to all these activities this term, please take a minute to mark these dates in your calendar.

Term 3	
Week 4	Sunday 15th Aug Annual School BBQ 10.30am – 3pm Venue Yamble Reserve, Quarry Rd, Ryde
Week 6	Tuesday 24th Aug Your Child's Literacy – Guest Speaker 7.30pm Venue School Library
	Wednesday 25th Aug Dads in the Classroom – 'Bridges' Theme 9am – 10am Venue School Playground
Week 8	Friday 3rd Sept Father's Day Breakfast Venue school hall
Week 10	Friday 24th Sept School Canteen BBQ 11.30am – 1.30pm Venue School Canteen Kindy, Years 1 & 2 dads to run the BBQ

Mike Exton & Daniel Paul

P & F Treasurer & Canteen Co-ordinator

Canteen Co-ordinator

Unfortunately due to extra work commitments Marissa Sheehan will be unable to continue running the canteen, thus, **we need a new Canteen Co-ordinator**. Marissa has done a terrific job over the last 4 years providing a great canteen for the children once a week with some fantastic specials which she has introduced.

If you are interested in co-ordinating the canteen and would like more detail on what is involved, please contact Marissa or Kevin. It is important we continue a canteen day at OLHC as the children love it. A BIG THANKYOU to Marissa from the parents and children on a job VERY well done!!!

P & F Treasurer

The Executive positions on the P&F Committee can only be held by the same person for a maximum of 3 years. This unfortunately means that Julian will be unable to continue as Treasurer after 2010. Julian has done a brilliant job as Treasurer for the last three years but his term will end at the Annual General Meeting in Term 4 this year. If you are interested in potentially performing the role of P&F Treasurer please contact Julian or Kevin to find out more about what is involved. The P&F cannot run without a Treasurer so it is important we find a replacement for this role.

Jane Morrison (P & F President)



Birthday Stars

Congratulations and Happy Birthday to the following children who celebrated their birthday this week.

Lina Aloisio Brandon Fisher
Samantha Stubbs

Merit Awards Week 2 Term 3

Kindy	Jesse Hartmann
	Hillary Poulter
Year 1	Isabelle Morrison
	Kate FitzGerald
Year 2	Jessica Honor
	Dominic Micallef
Year 3	Alison Wright
	Ben Horsley
Year 4	Michael Gray
	Mikhala Balzan
Year 5/6	Woo Jin Yang
	Brandon Fisher



Community News

Science Enrichment Weekends – for children in grades 5 & 6 at St Pat's Marist College, Dundas. The August and September workshops include electronics, mystery solutions and mystery gases. Enrolment forms are available from the school office. **Danielle Miller** – educator, author and media commentator on teenagers will give a 1 hour talk on issues affecting our daughters today at All Saints Anglican Church at 7pm on Monday 16th August. Cost \$10. For more information call 9876 3733 or go to www.enlighteneducation.com