



OUR LADY HELP OF CHRISTIANS Catholic Primary School

“Under Your Protection “



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No. 4 24th February 2010 (Week 5 Term 1)

WEEKEND MASSES

Saturday 9.15am

Saturday Vigil: 6.00 pm

Sunday 8.00 am, 10.00 am & 6.00 pm

Weekday Masses OLHC Church

Thursday 7.00 am (Convent)

Tuesday & Friday 12.15 pm

Wednesday 9.15am

From the Principal

Living the Gospel – ‘Listen to him!’

Lk 9:28-36

[Jesus is transfigured before Peter, James and John.](#)

God's voice from the cloud claims Jesus as his Son, the Chosen One and then goes on to instruct those present – and we, the readers – to ‘Listen to him!’ For the disciples, this was a message not to get carried away with their own ideas about the Messiah but to listen to what Jesus was saying about the suffering he must endure and to what he was saying about true discipleship. Jesus tells us that to be a follower of his involves sacrifice, hardship and often unpopularity. It is this message we must listen to as much as the promise of salvation.

Mercy Value of Justice

“When you have a feast, invite the poor, the crippled, the lame, the blind; and you will blessed, because they are not able to pay you back (Lk. 14: 13, 14)

As human beings we like to look after each other. We have looked after and cared for others since the dawn of time. We remember that we are all created in the image and likeness of God. We need to acknowledge the importance of every living thing on this earth. We have been called to take care of all creation. We are social beings. We rely on other people to make these relationships and to work together.



Jesus continually thought about the other person and even accepted death to help others. The fringes of society are those that are continually hurt and downtrodden. As Christians, we are encouraged to care for others.

What would the world look like if all people were fair in everything that they did and put others first?

OLHC Children Meet Mr. Rudd

Last Friday several children from Years 1,2 and 3 were invited to the opening of Ms. Maxine McKew's new offices in Oxford Street and meet the Prime Minister Mr. Kevin Rudd. This was an opportunity for the children to represent OLHC at a formal occasion and promote our school.



Mr. Rudd took the time to meet each of the children and talk to them about their school. I had a good discussion with Mr. Rudd about the positives of the school and thanked him for the support that the government has given us through funding and the ‘Building Revolution’ project.



123 Magic – Parent Education

Just a reminder that the parent workshop is on this evening at 7.30 pm in the School Library. Everyone welcome.

Welcome BBQ



A Friday night with fine weather and so we were able to gather as a school community for the P&F Welcome BBQ. What a wonderful community event last Friday night was! I was most impressed with the sense of welcome that shown to all those who attended especially to the new families of our school community. Congratulations to Jane Morrison and her team of helpers who made the night such a huge success.

Principal of Marist College Eastwood to visit OLHC

This Friday 26th February Mr. Daniel Delmage will visit the school to talk about Marist College Eastwood to the boys in Years 3 – 6. Marist College offers a high quality Catholic Secondary education for boys and I encourage parents to consider Marist as an option for high school.

Parents and Friends Meeting

The next Parents and Friends general meeting will be held on Tuesday March 2nd at 7.30 pm. Immediately following will be the Twilight Markets Meeting. All members of the parent community are warmly invited.

Prayers for the Gangemi Family

Please keep Nick, Rachael, Ben and Adam (Year 2) in your thoughts and prayers. Nick's father and Nonno to the boys sadly passed away.

Reflection

An Eye Witness Account from New York City, on a cold day in December: A little boy about 10 years old was standing before a shoe store on the roadway, barefooted, peering through the window, and shivering with cold. A lady approached the boy and said, "My little fellow, why are you looking so earnestly in that window?" "I was asking God to give me a pair of shoes," was the boy's reply.

The lady took him by the hand and went into the store and asked the clerk to get half a dozen pairs of socks for the boy. She then asked if he could give her a basin of water and a towel. By this time the clerk had returned with the socks.

Placing a pair upon the boy's feet, she purchased him a pair of shoes.

She tied up the remaining pairs of socks and gave them to him. She patted him on the head and said, "No doubt, my little fellow, you feel more comfortable now?" As she turned to go, the astonished lad caught her by the hand, and looking up in her face, with tears in his eyes, answered the question with these words: "Are you God's Wife?"

Kevin Turner
Principal

Diary Dates

Term 1 2010

Week 5

24th Feb

1, 2, 3 Magic – parent education 7.30pm

26th Feb

Marist College Principal visiting 9.00 am

Week 6

1st Mar

Cluster Swimming Carnival

2nd Mar

P & F & Twilight Markets meeting 7.30 pm

3rd Mar

1, 2, 3 Magic-parent education 7.30pm

4th Mar

K – 2 Swimming Carnival

From the AP

Anti-Bullying Policy

In the newsletter last week I published parts of our Anti-Bullying Policy. It is very important that as a community we have a culture that sends a very strong and united stance that bullying is not tolerated in our school under any circumstances.

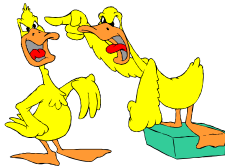
We all have a role to play in sending this message to everyone else in the community, especially the children. It is also essential that all children are equipped with skills to counteract bullying and not tolerate it amongst their peer group.

This week I thought that it was important to publish more of the Anti-Bullying Policy for Our Lady Help of Christians Catholic Primary School:

All students at Our Lady Help of Christians who are experiencing bully-type behaviour will be encouraged to:

- initially ignore the bullying and not show that it is upsetting. Many bullies will stop if they do not elicit a response.
- confront the bully and let them know that bullying behaviour is unwanted and unjustified.
- discuss the problem with friends; tell their class teacher and parents
- if the bullying behaviour continues, continue to tell; tell another teacher, report the incidents to the Assistant Principal or Principal

If someone is giving you a hard time, you should:-



First, try to

- **ignore them**

If they continue

- **tell them to stop, tell them how you feel**

If they still continue, you can

- **walk away**

It is important if they continue ...

- **tell the teacher**

What Parents Can Do

Parents play a key role in the support of both the victims and the perpetrators of bullying. The school must work in partnership with parents to ensure the safety and well being of students. Parents can assist in the following ways:

- let your child know that bullying in any form is never acceptable
- listen to your child and take their fears and feelings seriously and let them know that being bullied is not their fault
- if the bullying is verbal, help your child develop skills to ignore it so that the bully does not get the satisfaction of a reaction. Practice quick (not insulting) responses – eg “that’s your opinion”, ‘tell someone who cares’ etc
- ensure the school is aware of the problem – inform your child’s class teacher, the Assistant Principal / Principal of the situation / incident
- avoid the urge to take everything into your own hands
- help your child feel good about other things in their life. Feed their self esteem
- when it is clear that it is your own child who is demonstrating bully – type behaviour, recognise the seriousness of the issue and support the school in implementing this policy.

Dads in the Classroom

Dads in the Classroom school-based activities will not take place next week. It is week six next week and this is traditionally when the programme takes place. At present we have a large number of changes amongst the leading dads

and Class Fathers and the role of ‘Grand’ father needs to be re-established.

Dads in the Classroom will take resume in week six next term and for all the new families this is a great community event!

University Competitions

Today a note will come home with children in Years Three to Six offering them the opportunity to participate in the upcoming Science, Maths and English Competition. Please note that participation in these competitions is voluntary.

*Have a heart that never hardens; a touch that never hurts.
Charles Dickens*

Peace,

Louise McDonald
Assistant Principal

Uniform Shop

With Jane Morrison taking on the role of P & F President, the new uniform shop co-ordinators are Carmel Hartmann and Monica Power.

We thank Jane for the fantastic job she has done for the past two years.

Carmel and Monica will be opening the uniform shop every second Monday from 1st March 2010 from 8.30-9.30am. Thank you to both ladies for taking on this role.

If you are not able to get to the shop on a Monday morning, order forms are available from the school office and can be returned to the uniform shop via the office. The goods are then given to the students via the black bags.

Confirmation for Adults

Bishop David Walker will confer the Sacrament of Confirmation on suitably prepared, baptised, catholic adults at the Cathedral on Pentecost Sunday, 23rd May 2010. Please contact me if you are interested in being prepared to receive this sacrament.

Julie Astalosh
Sacramental Program Coordinator
0407 255 593 or julie@eppcarl.org.au

Nominations for New PPC

The three-year term of the current Parish Pastoral Council is drawing to a close. Nominations are now being called for membership of the new PPC. Five members from each of our two communities need to be elected to the PPC. If there are more than 5 nominations in either community there will be an election following the close of the nomination period.

Nomination forms are available on the shelf in the front foyer each of our two churches and need to be returned by Monday 8th March. You are welcome to nominate either

yourself or another person – though please ensure that the form is signed to confirm that the person accepts nomination.

Nominees need to be regularly worshipping members of our parish who are at least eighteen years of age. Please consider if either yourself or someone you know could take on this important role of service and leadership in the parish.

Epping Twilight Markets

The fundraising committee requires help with updating the Epping Twilight Markets web site.

Does anyone at the school have experience with updating web sites or know anyone who may be able to help. The role includes updating the market dates and on occasion new stallholder information. Please email stucker@tpg.com.au by 1st March if you can assist or have any questions regarding this role. Thank you.



Visit from the Principal of Marist College Eastwood

Mr Daniel Delmarge from Marist Eastwood will visit the school on Friday 26th February from 9.00am to 10.00am to talk to the boys in years 3-6.

Donations for Kindy

Donations of real uniforms such as nurses, doctors etc and dress-up clothes is needed for 'make believe' play in Kindergarten. Please leave at the school office or give directly to Ms Dalle-Nogare.

Merit Awards Week 3 Term 1

Kindy	Joseph Maguire Abigail O'Sullivan
Year 1	Liam Cleary Zoe Wu
Year 2	Georgia Astbury Laurence Sheehan
Year 3	Jose Saavedra Alison Wright
Year 4	Thomas Findlay Hannah Stephens
Years 5/6	Woojin Yang Brigitta Handayani



School Banking with North Epping Community Bank Bendigo Bank

School Banking is a great way to teach children to save and is now available with Bendigo Bank. Any deposit of 50cents or more is accepted. Please leave your passbook and banking at the school office on a Tuesday and it will be processed and returned to you.

If your child would like to participate but does not have an account please call at the branch (Shop 9 288 Malton Road North Epping) and we can open one for them (identification requirements apply).

We are proud to have been supporting your school with grants, sponsorships and school banking for 6 years.

Sharyn Hubert

From Before & After School Care

Before and After School Care is having a raffle to raise money for desperately needed items for the centre. To purchase tickets (\$2 each) contact Gemma on 9869 3635 or ohlccca@live.com.au. Hampers will be displayed at the centre.

The raffle will be drawn at the next markets 12 March 2010.

Gourmet Hamper – Valued \$150

2 Red Wines
2 White Wines
Nuts
Lindt Chocolates
Crackers

Quince Paste
Movie Hamper – Valued \$100

1 Red Wine
1 White Wine
1 Champagne
Microwave popcorn
3 DVDs – Slumdog Millionaire, Fawltly Towers, Emma

Easter Hamper - \$50

Easter Eggs
Champagne

Also, the Before and After School Care annual general meeting will be held on the 10th of March 2010. We are looking forward to seeing everyone there.

Regards,
Gemma Brooks
(Coordinator)

Community News

Marist College Eastwood Open Day – 7th March. Limited places for Year 7 2011, currently enrolling for 2012 & 2013. Call 9858 1644 for more information.

St Leo's Catholic Collage Open Day – Friday 12th March 9 30am – 11.30am. Prospective parent evening Tuesday 16th March 7.30pm. Call 9487 3555 for more information.

OLMC Parramatta Open Days – Information evening for Yr 7 2012 February 22nd. Open Day March 1st and June 9th afternoon for Yr 7 2011. Bookings are essential. Go to www.olmc.nsw.edu.au or call Anna Davis on 8838 1251 for more information.

Epping YMCA Netball Club – 7 – 17 years. Places also available for 18yrs +. For more information call Sheree Klein on 0405 838 790 or ymca_netball_news@hotmail.com. Games begin 17th April 2010.

Hey mum! Parenting After Separation – Centacare Waitara Family Centre on 19th 26th February and 5th, 12th, 19th 26th March (6 sessions) 10am – 12.30pm. For more details contact Ros on 9488 2531

Birthday Stars

Congratulations and happy birthday to the following children who celebrated their birthday this week.

Georgia Astbury
Benjamin Horsley

Tahlia Demasi

