



Our Lady of Dolours Primary School

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Anti-Bullying Policy

At Our Lady of Dolours Primary School we are committed to providing a safe and caring environment which fosters respect for others and does not tolerate bullying.

Our Definition of Bullying:

Bullying is defined as repeatedly hurting another person who is less powerful – either physically or psychologically
Bullying can be verbal, physical, social, psychological or cyber-bullying

STRATEGIES WE WILL USE TO DEAL WITH BULLYING

We will:

- Openly talk about bullying – what it is, how it affects us and what we can do about it
- Teach our children the skills which will build their self-esteem and empower them to take the responsibility for themselves – and give them the opportunity to practise these skills