



PROUILLE NEWS

11 October, 2011

Term 4 Week 1 2011

Dear Parents and Friends,

The article below popped up on the internet recently ... I think you'll enjoy it!

Down in Sydney, International School of Colour & Design (ISCD) graduate Trudi Sommers has been putting her ISCD qualifications to work as a colour consultant.

Trudi first completed a Foundation Course – Certificate IV in Design - and then went on to complete the Colour Design Diploma.

She's now taken on a colourful project for her local community after her expertise was sought on the new Prouille School development.

The Prouille Catholic School in Wahroonga, where her 2 young boys attend, is in the process of being rebuilt. After having discussions with the school's Principal, Mr Philip Ledlin, on the effects of colour on learning and how colour psychology has been used in schools, Trudi was asked to work on the school's new interior colours.

"Some things were already decided, like the neutral wall colours, but I was able to introduce Faber Birrens Colour Psychology Theory for each of the classrooms feature walls."

"Watching the way children think inspires you to think left of field sometimes," explains Trudi. "I chose orange for the kindergarten classroom as it is good for communication and encourages cheerfulness. For Years 1 and 2, I chose green for its balancing and calming effect in the classroom. For Years 3 and 4, I chose blue for similar calming reasons to green, but it is also a more mature colour. Then for Years 5 and 6, I chose a burgundy which encourages patience and reliable behaviour, a perfect shade for the older children."

Trudi also consulted on the new library design. The school's librarian, Jo Neilson, and Trudi worked closely on this project. They wanted colours that were fun, yet toned down slightly to offer a balance between creating a stimulating environment for the kids, whilst also providing a serene space. "We chose the trend colour of orange to give the library an eye catching and modern look. The colours were displayed across different surfaces including a mandarin coloured Laminex feature wall with coloured ottomans in purple and orange coordinated in with a fun new rug," Trudi said.

"Before having kids I was working as a journalist and styling for various magazines. I wanted something more for myself after having my kids and felt I needed to do something creative," Trudi said.

"Balancing mothering, school and work commitments is the hardest element of being a working mum, but I've become the master juggler and I like being a positive role model. My children see that you can achieve your goals through hard work and perseverance."

Trudi has now established her own colour consultancy at trucolours.com.au.

.....

Thanks, Trudi; your expert contribution to enhancing our new school will never be understated ... I think I now need my office painted burgundy ASAP to ensure I fulfil all the exciting goals I'd like to achieve before Christmas ☺

... I think we also need to put the Wallabies in a burgundy bunker this week to ensure a good result this coming weekend ☺

Philip Ledlin (Principal)

Prouille Catholic School
5 Water Street Wahroonga
Phone: (02) 9489 3233 Fax: (02) 9489 3954
Email: prouille@dbb.catholic.edu.au
Website: www.dbb.org.au/schools/prouillewahroonga

Holy Name Parish Mass times:

Saturday 5.00 pm – Saturday Vigil Mass
Sunday 9.15 am – includes Children's Liturgy
Sunday 5.30 pm – Youth Mass

Holy Name Parish Church

35 Billyard Avenue Wahroonga
Ms Gail Gill: Co-ordinator of Parish Life
Fr Martin Aye Ngwe: Priest of the Parish
Fr David Ranson: Moderator
Mr Frank Waldron: Chair of the Parish Council
Mrs Leona Joosten: Parish Secretary
Phone: (02) 9489 3221 Fax: (02) 9489 7801
Email: secretary@holynamewahroonga.com.au
Website: www.holynamewahroonga.com.au

**THIS COMING FRIDAY ... Staff Development Day
(Pupil Free Day) - Friday 14 October 2011:**

All Prouille staff will be participating in a Staff Development Day (SDD) at Waitara Hall on Friday 14 October (this week).

NB: THERE WILL BE NO STAFF AT PROUILLE ON THIS PUPIL FREE DAY

**TERM 4 - SWIMMING PROGRAMME -
Commences next week – Week 2:**



A timetable is attached for your information. This timetable includes student requirements for the swimming programme.

Swimming caps are available from the office for \$3. (Please note that swimming is in addition to P.E.)

I thank Mrs Louise O'Brien-Poude for being the overall co-ordinator of this programme ... It is the first time Prouille has embarked on a K-6 Swimming Programme in many years!

**SUPPORT FOR THE HOMELESS/NEEDY IN
HORNSBY - An initiative for Prouille -
(special emphasis in Year 5):**



- A note went home to all Year 5 families yesterday to secure parent support for three 'outreach' evenings in Term 4.
- As per detailed notes in past newsletters, Prouille will be committing to the following on three dates in Term 4:
 - o **Tuesday 18 October**
 - o **Tuesday 15 November**
 - o **Tuesday 13 December**
- Prouille is responsible for the following:

A): Meal preparation for up to 10 - 20 homeless/needy people (Year 5 is the targeted year group re food preparation) (NB there will be an education programme for Year 5 students, and Year 5 already have clear instructions re food preparation requirements etc)

B): Managing meal distribution at and around Hornsby Pool (Managed by volunteer Prouille parents / friends from all year groups ... and school staff too ... (not students) ... 6.00 pm - 7.30 pm)

WHILST YEAR 5 WILL BE RESPONSIBLE FOR THE FOOD PREPARATION, PARENTS FROM ALL GRADES AT PROUILLE ARE WARMLY INVITED TO SUPPORT MANAGING THE MEAL DISTRIBUTION ...

PLEASE INFORM THE SCHOOL OFFICE IMMEDIATELY IF YOU ARE FREE TO ASSIST ON ANY OF THESE THREE EVENINGS.

Any parents and friends from our Prouille community are warmly invited to attend and "learn the ropes":

**SUPPORT FOR THE
HOMELESS/NEEDY
IN HORNSBY**

INFORMATION MEETING

**TOMORROW EVENING AT 6.00 PM
(TUESDAY 11 OCTOBER)**

**AT THE NORTHERN END OF HORNSBY POOL
(OPPOSITE HORNSBY POLICE STATION)
IN THE BACK CARPARK**

If you are keen to be a Soup Van Bus Driver for Prouille's shifts, please bring a copy of your driver's license (stating number of points lost).

NB: The bus has a manual gear-box with 5 gears 'on the floor'.

2011 P+F ANNUAL GENERAL MEETING:

**PARENTS AND FRIENDS
ARE INVITED TO OUR PROUILLE P+F
ANNUAL GENERAL MEETING
AT 7.30 PM
ON MONDAY 24 OCTOBER 2011**

I strenuously urge everyone to consider nomination for Executive Positions and Co-ordinator Positions – forms from the P+F will be sent home soon.

On behalf of the entire community, I sincerely thank the generosity of so many parents over the past years who have contributed so much in various leadership roles on the P+F at Prouille.

WHOLE SCHOOL ASSEMBLY REMINDER:

Parents/friends are reminded that whole school assemblies in Terms 1 and 4 are at 9.00 am.

So, Fridays in Term 4 will see our whole school assemblies at 9.00 am in our lower playground amphitheatre area. (Please enter via pathway behind and beside our Kindergarten rooms)

NB: THERE WILL BE NO WHOLE SCHOOL ASSEMBLY THIS FRIDAY BECAUSE OF THE PUPIL FREE DAY ...

ORIENTATION DAY FOR KINDERGARTEN 2012:

Orientation for Kindergarten 2012 will be next week on Friday morning 21 October, 9.00 am - 10.45am.

This is such an important day where I encourage as many parents as possible to simply 'welcome' our new families.

There will be a relatively short assembly at 9 am for the whole school (in the bottom play area amphitheatre). This will be followed by a meeting in the Library, and then morning tea.

Please consider coming for the whole morning ... or perhaps just for the 9 am assembly.

CHRISTMAS CAROLS EVENING - ANOTHER DATE CHANGE ... New date is Thursday 1 December

I apologise for another change of date re the Christmas Carols Evening. Due to unforeseen circumstances, the date has been moved to **THURSDAY 1 DECEMBER at 6 PM.**

P+F NEWSLETTER:

Our P+F Executive has prepared another terrific P+F Newsletter for parents. It is attached to this newsletter ... Thanks, Julie.

Yours sincerely,

Philip Ledlin
Principal

IMPORTANT DATES**13.10.11 - Thursday**

2.00 pm - 4.00 pm - North Shore Numeracy Group Meeting at Pymble - Topic: "Plotting Growth Points.

14.10.11 - Friday

NO SCHOOL ASSEMBLY DUE TO OUR

STAFF DEVELOPMENT DAY (PUPIL FREE DAY) - THIS FRIDAY, 14 OCTOBER 2011

Reminder: There will be no staff on school site.

17.10.11 - Monday

2.00 pm - Mary Rajca visiting re Candela, Peru.

18.10.11 - Tuesday

"Interrelated" Professional Development for all Year 6 children.

19.10.11 - Wednesday

Swimming Programme starts today for Kindy to Year 3 classes - on each Wednesday from Week 2 to Week 9.

20.10.11 - Thursday

10.30 am - Diocesan Mission Mass.

Swimming Programme starts today for Year 4 to Year 6 classes - on each Thursday from Week 2 to Week 9.

21.10.11 - Friday - Orientation Day for K2012

9.00 am - 10.45 am - A short School Assembly followed by a meeting in the Library and Morning Tea.

Playgroup Mornings for Kindergarten 2012

Thursday 27 October from 9.00 am - 10.00 am

Thursday 3 November from 9.00 am - 10.00 am

NB Date Change - Now Thursday 1 December:
6.00 pm - Christmas Carols Evening

STAFF DEVELOPMENT (Pupil Free) DAYS

Friday 14 October 2011

Monday 19 December 2011

Tuesday 20 December 2011

LUNCHTIME RECITAL



At our recital last term, the supportive audience were all treated to a variety of piano works played by our sparkling pianists. Thank you to Caitlin Montgomery, Lucas Yong, Connor Ryan, Charlotte Ryan, Charlotte Cuda, Catherine Baxter, Julia Baxter, David Cass, Saskia Maccioni, Sarah Burton, Zara Oong and Chloe Oong.

We look forward to our next recital on 1st November at 1:00 pm when we'll have our string players join us again. You are welcome to attend.



Total so far is 10508 points.

Keep collecting and bringing in your Woolworths shopping docket! **The collection has now been extended until 18th October.**

There is one box for students at the students' window in Reception and one box for parents at the counter.

All that is needed is the **Woolworths Earn & Learn part of the receipt (at the bottom of the receipt).**

Thank you to those families who have already provided some receipts. ☺

HOLY NAME PARISH NEWS

October 29 – Big Camp Out

Bring your tents and spend the night in the Church gardens. Bonfire, marshmallows, singing and pizza for dinner followed by a BBQ Breakfast the next morning. Please contact Sandi Candotti (8090 8080) or Fidelma Hunt (9487 7242)..

SUNDAY CHILDREN'S LITURGY

Children's Liturgy is held most Sundays during the school term in the Parish sunroom during 9.15 am Mass.

Enquiries: Bridget Vardy PH 0409 426 610

Community News:

AUSTRALIAN GIRLS CHOIR – OPEN DAY – SUNDAY 30 OCTOBER

All girls in Kindergarten to Grade 6 are invited to come along to the AGC Open Day to find out more. The Open Day gives girls the opportunity to join in a free class and attend an information session.

Phone 99922 6733 for more information -

Or visit www.aspagroup.com.au

Some flyers are available in the School Office.

FREE CONCERT – SUNDAY 6 NOVEMBER – Australina Army Reserve's premier entertainment unit - UNSWR Band

The UNSWR Band is celebrating its Golden Anniversary and to help mark the occasion is putting on an afternoon of dazzling entertainment:

1.00 pm – 3.00 pm on Sunday 6 November 2011 at the Clancy Auditorium, University of NSW

Parenting Programs

Child & Adolescent Parenting
Northern Sydney Local Health Network
(Phone: 9887 5830)

☺☺☺

Triple P (Positive Parenting Program)

Behaviour management program suitable for parents of children (3-8yrs). Clear strategies on how to encourage desirable behaviour and manage persistent misbehaviour.
(7wks/2.5 hrs - 4 group sessions/two 1:1 phone sessions over 3 weeks, with final group session Wk 8)

◆ Chatswood (19/10)

Communicating with Kids (based on PET)

6 week/2.5hrs course providing communication skills for building effective long term relationships with your children and other important people in your life. (Age group: 4-12 yrs)

◆ Chatswood (20/10)

Communicating with Teens 5wks/2.5hrs

Aims to increase your understanding of your adolescent's needs & behaviour with skills to relate to them.

◆ Chatswood (1/11)

Workshops for Parents (2.5 hours)

- ★ Teens Workshops Dealing with Teen's Back Chat at Chatswood (25/10)
- ★ Understanding Your Toddler and Discipline at Chatswood (17/10)
- ★ Bully Busting Workshop, at a school near you
- ★ Transition to School, at a school near you
- ★ Transition to High School, at a school near you
- ★ Triple P (PPP) Seminar Series (1-12 years) and (Teens)
- ★ NEW Resilient Kids at Chatswood (16/11)

Workshops/Seminars available on request – to organise these or for details of those scheduled for this term, phone 9887-5830

Term 4, 2011 Courses/Workshops begin from 17/10
Please phone for a brochure or information
about the courses/workshops/seminars on 9887 5830

Prouille School Parent & Friends Association Newsletter October 2011

INTRODUCTION

Thanks to all those that joined us to enjoy a wine & cheese at our last meeting on 1 August.

We have wine and soft drink left over for the next meeting! The next meeting is our AGM with plenty of opportunities for those that want to take part in the school.

Nomination forms will be circulated shortly but if you would like any information please don't hesitate to ask the current P & F or Phil Ledlin.

Two longstanding members of the P & F Executive team, Paula McCormack and Sally Butel who have been on the committee for 3 years or more and are leaving so their Treasurer and DPC Rep positions are vacant.

In fact all positions are open for anyone!! I am happy to help and support anyone who joins and the P & F has a great manual with easy templates etc.

We would love some new people to get involved and join. It is great when a little is done by many and that always creates great new ideas.

Upcoming events Term 4 2011-

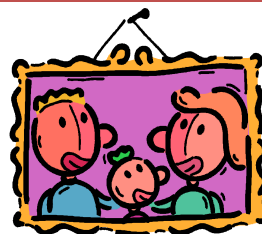
Date	Event	Get involved
Friday 21 October	<i>Orientation Morning & Uniform sale</i>	<i>Contact :Phil Ledlin or Anuiska</i>
Monday 24 October	<i>P & F AGM 7.30pm Library</i>	<i>All welcome – Wine & Cheese</i>
Saturday 5 November	<i>Family Portrait Sittings at Wahroonga Park</i>	<i>Sandpit Photographers Oh Family Dedication. Forms next week. Replies to Julie Kelly</i>
Friday 9 December	<i>School Disco in new hall</i>	<i>Contact Stage Coordinators</i>

Thank you's

Thanks to all that have been assisting the Oh family over the last few months. We are still looking for anyone who could spend a couple of hours with Kyung Teak on occasions so Jae can come home to the children. If you can provide some company at Ryde Rehabilitation Hospital please email Diane Howden on

dianehowden@hotmail.co.uk.

We have dedicated our upcoming Family Portrait Day to this special family. You will have the opportunity for the booking fee of \$20 to be applied to the P & F to support this family. (Or if you would prefer the booking fee to go to P & F general funds instead this option will still be available).



Family Photographs

Saturday 5 November
Wahroonga Park

Sandpit Photographers Booking Fee of \$20 includes one 10"X13" photograph.

Fee goes directly to the P & F to support the Oh Family.

Full package including CD \$169 or photos sold separately.

Viewing and purchase at school 2 weeks later.

International Teachers Day

Friday 28 October

Please remember this special day for teachers. Your child may choose to bring in a card, flower or small tribute to their teacher. The P & F will be providing an afternoon treat for the teachers on your behalf.

Orientation & Uniforms

Friday 21 October Next week

On Orientation Day for 2012 we will be selling: School Hats, School Bags, Badges and Sizes 4 & 5 Uniforms at Special Welcome Prices.

This is the only stock remaining from our Uniform shop and 100% of sale proceeds will go directly to the P & F. Please support us on the day if you have a Kindergarten child starting or another child who needs a new hat or bag.



School Disco

Save the date for the children's end of year disco in the new hall!

Friday 9 December 2011

**P & F Committee meetings
and how to contact us**

Open to all

**Please join us at the next
Annual General Meeting
For all Parents and Friends:
Monday 24 October 2011
at 7.30 pm
in the School Library**

The P & F Executive can be contacted via the emails below. Please speak to us prior if you have items of interest for the General meeting or would like to discuss any role or nomination for 2012. These discussions can also be held privately with Philip Ledlin:

Julie Kelly – jojukelly@bigpond.com

Alf Attard – alfreda@monarchinvestments.com

Paula McCormack -
paulamccormack@optushome.com.au

Tess Fabry – sfabry@bigpond.net.au

Sally Butel – spbutel@optusnet.com.au

Diocesan Parent Council

– Prouille Rep Sally Butel

The Broken Bay Diocesan Parent Council (DPC) aims to keep parents in touch with educational and social issues in our Diocese and beyond.

For your info:-

- Diocesan Parent Council website
<http://www.brokenbayparentcouncil.org>
- Parenting Fact sheets www.catholiccare.org

- Diocesan Schools System Strategic Plan 2012 -2015 feedback
- What's happening in your school – engaging fathers

DPC events Term 4- if interested contact Sally Butel

- Challenge Ranch Family Camp November 4th-6th

TERM 4 SWIMMING PROGRAMME WHAT TO BRING

Towel
Swimming cap (\$3 avail. from office)
Thongs/slip on shoes (only to be worn to & from the pool)
Sunscreen (to be applied at home before coming to school).
It is suggested that sunscreen be sent each day to be applied by your child if needed

T-shirt (to wear to & from pool)
Drink bottle

Togs
Bag for wet items

K – 3 CLASSES WEDNESDAY WEEKS 2 – 9

Time ➤There are 5 minutes between each lesson to allow for children leaving the pool and next group to arrive and settle.	Class	Duration	Teacher	Procedure ➤Classes to change/ walk to pool 15 minutes prior to their allotted lesson time.
9.05-9.35am	1D	30 min	Catherine Davidson	Children come to school already dressed For Swimming. (Full Uniform in bag) *****If coming by bus/before school care - Full uniform must be worn/Change at school.***** 9.00am -Walk to Pool.
9.40-10.10am	1T	30 min	Miranda Trlin	9.30am -Changing clothes/Walk to Pool.
10.15-10.45am	KO	30 min	Louise O'Brien-Pounde	11.50am -Changing clothes/Walk to Pool.
10.50am-11.10am Recess				
11.15-11.45pm	KB	30 min	Talia Brennan	Changing clothes before recess. 11.10am -Walk to Pool.
11.50-12.20pm	2E	30 min	Jane Emmerig	11.35am -Changing clothes/Walk to Pool.
12.30pm-1.30pm Lunchtime				
1.30-2.00pm	2AC	30 min	Carmel Chivers	Changing clothes before lunch. 1.25pm walk to pool
2.05-2.55pm	3HO	45 min	Linda O'Brien/ Mary Anne Haines	1.50pm -Changing clothes/Walk to Pool.

4 – 6 CLASSES THURSDAY WEEKS 2 – 9

Time ➤There are 5 minutes between each lesson to allow for children leaving the pool and next group to arrive and settle.	Class	Duration	Teacher	Procedure ➤Classes to change/ walk to pool 15 minutes prior to their allotted lesson time.
9.05-9.55am	5S	45 min	Kate Selkirk	Children come to school already dressed For Swimming. (Full Uniform in bag) *****If coming by bus/before school care - Full uniform must be worn/Change at school.***** 9.00am -Walk to Pool.
10.00-10.45am	5M	45 min	Dominic Meagher	9.45am -Changing clothes/Walk to Pool.
10.50am-11.10am Recess				
10.50-11.35pm	4WD	45 min	Tracey Wiggins	10.35am -Changing clothes/Walk to Pool.
11.40-12.25pm	4L	45 min	Rachael Lees	11.25am -Changing clothes/Walk to Pool.
12.30pm-1.30pm Lunchtime				
1.35-2.20pm	6F	45 min	Michael Ford	Changing clothes before lunch. 1.30pm walk to pool

